

Winter Wirral Ultra 2026 – Participant Info & Kit List

Location & Times

Registration and finish – Hooton Memorial Hall, Waterworks Lane, CH66 7NL

You have two options for registration, Friday evening or Saturday morning. If you register on Friday evening all you'll have to do on Saturday morning is present your race bib to collect your tracker from Open Tracking. Please ensure you arrive to do this before 7.30am

Early Registration – Friday 13th November – 6pm to 7.30pm

Saturday 14th November – 6.00am to 7.50am

Saturday, please collect your tracker immediately after you've registered – this will be attached to your hydration pack/rucksack.

Race briefing – 8.20am – outside the Memorial Hall

Race start – 8.30am

Please make sure you have all your kit with you during registration.

If you have any non-visible needs that make registration more difficult, please email us ahead of the day and we will do all the can to make you more comfortable.

Tail walkers please make yourselves known to registration so that you can be given a high vis. You can either wear it or tuck it into the back of your race pack so that marshals can identify you at the checkpoints.

Drop Bag

You're welcome to leave a bag for the duration of the event to use at the finish. Please label this with your name and leave inside the memorial hall itself.

Toilets at registration/finish

Please don't use the toilet in the memorial hall, it's old and it cannot cope with any kind of volume use! We have hired chemical toilets.

Parking

If you're coming by car, please use the large paid car park outside Hooton Train Station, opposite the Memorial Hall - [///scrub.denote.slam](#)

If you're being dropped off please be as quiet as possible as we did have some residents complain about the noise last year!

DNF's & Medical Assistance

If you need to retire from the race, please do so if possible at a checkpoint, and advise marshals you wish to stop. If you don't have any support with you we'll arrange to take you back to the memorial hall. If you cannot make it to a checkpoint please contact Tim on 07500 104870.

If you need the **medic** urgently, please contact them directly on **07942 390999**. We recommend saving the two above numbers to your phone before the race.

Road Safety

Where possible, please stick to the pavements for road sections. We are permitting the use of headphones but please take extra care at road crossings.

Support Runners & Spectators

You are more than welcome to use support runners along the route, but they will not be able to use the checkpoint facilities.

Spectators are welcome to cheer you along the route, and to give you extra provisions, but please make sure they don't meet you at official checkpoints as parking is often limited and spaces can quickly become congested. There are multiple places along the route for your crew, family and friends to meet you!

Race Awards

1st, 2nd & 3rd female, 1st, 2nd & 3rd male, 1st non-binary, 1st FV50, 1st MV50, 1st FV60, 1st MV60, 1st FV70, 1st MV70.

Checkpoint Provisions with approximate milage

CP1 – Bromborough – 4.46 miles

Water, sweets, salted pretzels, GF pretzels, fruit squash.

CP2 – Birkenhead – 9.82 miles

Water, fizzy drinks, bananas, sweets, salted pretzels, GF pretzels, fruit squash, flapjack.

CP3 – Leasowe – 17.35 miles

Water, chocolate brownies (GF), orange slices, sweets, salted pretzels, GF pretzels, fruit squash.

CP4 – Caldy – 24.74 miles

Water, fizzy drinks, sweets, salted pretzels, GF pretzels, fruit squash, pickles, vegan sausage rolls, GF sausage rolls.

CP5 – Neston – 31.58 miles

Water, sweets, salted pretzels, GF pretzels, fruit squash, flapjack, bananas, fruit squash

Please let us know in advance by email if you have any allergies we need to be aware of.

Please note you will need to bring your own reusable/collapsible cup with you if you'd like fizzy drinks and don't want to use your water bottles.

Please do feel free to use shops and local businesses along the route to buy extra provisions if/when needed.

All checkpoints are part of the route and must be passed through even if you're not stopping. This is to ensure runners don't have an unfair distance advantage if they don't need to use the checkpoint provisions.

Public Toilets

Birkenhead – Hamilton Square Station, CH41 1AL (4 minutes from route)

New Brighton – Vale Park, CH45 1LZ (45 minutes from route)

New Brighton – Harrison Drive, CH45 3HL

Leasowe – Junction of Pasture Road/Leasowe, Moreton (3 minutes from route)

West Kirby – next to West Kirby Marine Lake at the Sailing School

Thurstason – Wirral Country Park Visitor Centre (2 minutes from route)

Parkgate – Mostyn Square, in front of St Thomas’ Church, CH65 6SR (5 minutes from route)

Hadlow Road Station

Some toilets are pay per use. If you use businesses and shops along the route we would encourage you to buy something too!

Sanitary products will be available at all our checkpoints.

Cutoff

We have a cutoff of 12 hours, but within reason as long as you feel you’re able to complete the course you will not be timed out. This will be at the race directors discretion and the decision is final.

Tracking

We will provide the tracking link via email and our social media as soon as we receive it from Open Tracking.

Mandatory Kit List

- Minimum of 500ml liquid in a refillable bottle/hydration pack – please arrive with water bottles already filled.
- Hooded waterproof jacket with taped seams
- Basic first aid kit or plasters
- Spare top base layer
- Head torch (even if you expect to finish in the light)
- Route map/GPX downloaded to your watch, phone or GPS device, or printed
- We strongly advise downloaded the What3Words app, as in an emergency this will assist our medical personnel to get to you more easily.
- NOT MANDATORY – reusable/collapsible cup IF you’d like fizzy drinks at checkpoints

Food after the race

Cowsheads Catering will be offering pizza and loaded fries to purchase at the end of the race. Please do support them if you can!

Our Green Initiatives

As far as is possible we have made a no single use plastics pledge, and this is reflected in what we offer at checkpoints. All the food is vegan, including the sweets.

Preloved Sports

We have partnered with the amazing Preloved Sports and will have a drop off/donation point in the memorial hall. This initiative was set up to reduce the amount of sporting goods ending up in landfill. Please bring along any items of clothing, shoes or sports equipment that you no longer use but that are still in a decent/useable condition, and these will be resold or redistributed to those in need. You can follow their work on insta @prelovedsportscic

Trees Not Tees

Trees Not Tees are another fabulous company we have partnered with. You can add a 'plant a tree' to your entry if you haven't already done so. You even get an email after the event with details of where your tree has been planted!

Marmalade

As part of our sustainability/no food waste policy Tim has been busy making marmalade from oranges left over from previous events! By purchasing a jar at the end of the event you'll contribute towards our chosen charity AND be doing a great thing for the environment! Jars are £3 each – cash or card accepted. This sold out early last year!

Our Chosen Charity

We are donating £1 from every entry to our official charity partner, the UK domestic abuse charity Refuge. Thank you so much for the additional donations made on Si Entries, we are so grateful.

Have a FANTASTIC race!